Exercise bikes

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The Cross1100 bike is an stable and dinamic bike, ready to the most demanding workouts. Feel the benefits of the high intensity interval training.





Measurements:

Time, Speed / RPM, Distance, Watts / Calories, Pulse, HRC

Max. user weight: 150Kg

Weight: 48Kg

Dimensions: 122cm x 60cm

x 128cm

Flywheel: air resistance



AIR RESISTANCE SYSTEM

The most realistic resistance for the most demanding workouts.



INTEGRATED POWERFUL FAN

Keeps your body temperature regulated during training.



**UPPER AND LOWER BODY WORKOUT** 

The mobile handlebar allows upper body workouts.



**DOUBLE SCREEN MONITOR** 

Two screens for booth functional and HIIT trainings



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Specs	Cross1100 H8750
Use frecuency	Intensive
Maximum user weight	150Kg
Brake system	Air resistance
Flywheel	Air resistance
SRV	Yes
Contact heart rate measuring	No
Fan	Yes
Saddle adjustment	Horizontal and vertical
Handlebar adjustment	No
Bottleholder	Yes
Transport wheels	Wheels
Length	122cm
Width	60cm
Height	128cm
Weight	48Kg
Open frame / easy access	No
Transpirable backseat	No
Backrest	No
XXL seat	No
Reinforced pedal	No
Multiposition handlebar	No
Autogenerated	No
Monitor	HIIT
Programs	
Preset programs (Prg)	No
Intensity levels	No
Random program (RP)	No
Customizable profiles (uprg)	Yes
Fitness test (FT)	No
Heart rate control program (HRC)	4
Recovery Program (RT)	No
Body Fat test (BF)	No
Monitor	
Screen	LCD display
Monitor with HIIT by BH training scheme	Yes
Universal holder for Smartphones and/or tablets	Yes
Telemetric heart rate	Yes, optional chest belt
Bluetooth	No
iConcept	No

Notes