

# TFR ERGO SERIES

I.TFR ERGO MED H650BIH

**BH**

R.R.P.



Exercise bikes

A recumbent bike that ensures excellent comfort and safety during workouts, now equipped with the new i.Concept 3.0 system with FTMS technology. Its ergonomic backrest and side grips ensure optimal posture while its magnetic resistance system generates a smooth pedalling action ideal for rehabilitation exercises.

**LCU**  
LightCommercialUse



Monitor

#### Measurements:

Time, Speed / RPM, Distance, Watts / Calories, Pulse

- Max user weight: 180Kg
- Weight: 57.8Kg    Dimensions:
- 167cm x 68cm
- x 130cm
- Flywheel: 12Kg



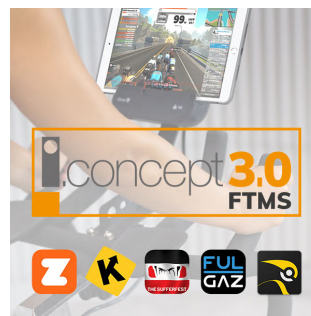
#### OPEN FRAME

It provides easy access to the machine that makes it suitable for rehabilitation purposes.



#### CONSTANT LUMBAR HOLD

Seat with beathable fabric and lumbar rest for comfort and safety for people with back problems.



#### I.CONCEPT 3.0 FTMS

It incorporates the new connectivity system with FTMS protocol that allows greater compatibility with the most recognised fitness apps, such as Zwift or Kinomap among many others.



#### ADJUSTABLE LENGTH CRANKS (OPTIONAL)

The length of the connecting rod can be adjusted in 13 positions (from 0 to 12) with a variation of 1 cm for each position. Total adjustment range 12 cm.



Specs	I.TFR ERGO MED H650BIH
Use frequency	Semi-professional
Maximum user weight	180Kg
Brake system	Magnetic
Flywheel	12Kg
SRV	Yes
Contact heart rate measuring	Yes
Fan	No
Saddle adjustment	Horizontal
Handlebar adjustment	No
Bottle holder	Yes
Transport wheels	Wheels
Length	167cm
Width	68cm
Height	130cm
Weight	57.8Kg
Open frame / easy access	Yes
Transpirable backseat	No
Backrest	Yes
XXL seat	Yes
Reinforced pedal	No
Multiposition handlebar	No
Autogenerated	No
Monitor	M6
Adjustable cranks (Optional)	Yes, adjustable. 13 positions, with 1 cm variation.
Programs	
Preset programs (Prg)	12
Intensity levels	24
Random program (RP)	Yes
Customizable profiles (uprg)	Yes
Fitness test (FT)	Yes
Heart rate control program (HRC)	4
Recovery Program (RT)	Yes
Body Fat Test (BF)	No
Monitor	
Screen	LCD Display
Monitor with HIIT by BH training scheme	No
Universal holder for Smartphones and/or tablets	Yes
Telemetric heart rate	Yes
Bluetooth	Yes, optional
iConcept	Yes

 Notes