

RACK SERIES

G520 + G322

BH

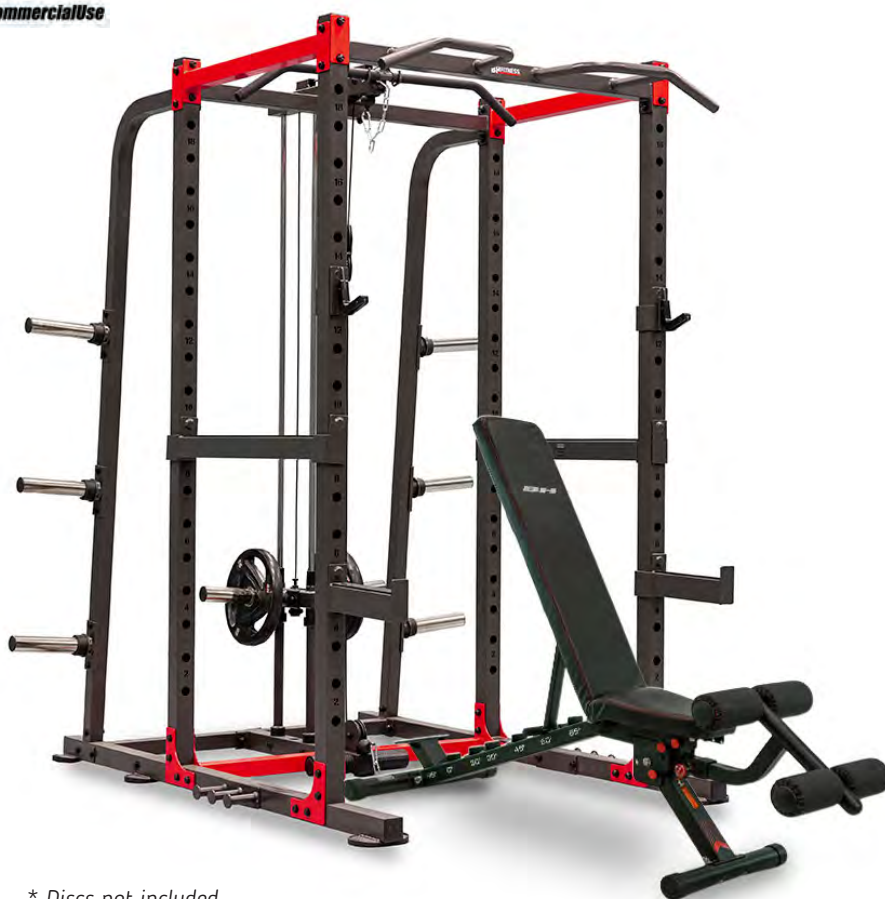
R.R.P.

EAN:



Strength

The Pulley Cage features 6 disc storage racks, rubber resistance workout attachments, a pull-up bar and a central ergoline for loading additional discs. Designed for Light Commercial use, it is the perfect choice for small fitness studios. The G322 Multi-Position Bench perfectly complements the G520 Cage, allowing you to maximise its use. This bench offers a recline of -15% and an incline of up to 85%, with adjustments to both the backrest and seat, providing versatility and comfort for every exercise.



* Discs not included.

- Max. user weight:**
(G520) 150kg
(G322) 140kg
- Weight:**
(G520) 111 Kg
(G322) 33kg
- Dimensions:**
(G520) 182x178x 223cm
(G322) 180x61x132cm
- Max. load/dynamic tension:**
(G520) 90kg
(G322) 360kg



PULLEY SYSTEM

It has a high and low pulley system. This combination provides a wide range of movements, adapting to different training routines and allowing a comprehensive muscle development.



DISC LOAD

The disc loading system makes it easy to customise the resistance level of the exercises, providing flexibility and versatility in the intensity of the training sessions.



RESISTANCE BAND PEGS

They allow the addition of elastic bands to barbell training. This ensures a constant tension in the movement, giving an extra push to power lifts.



MULTI-POSITION BENCH

The pack includes a bench with tilt and recline to get the most out of the cage. Decline from -15% to 85% incline.