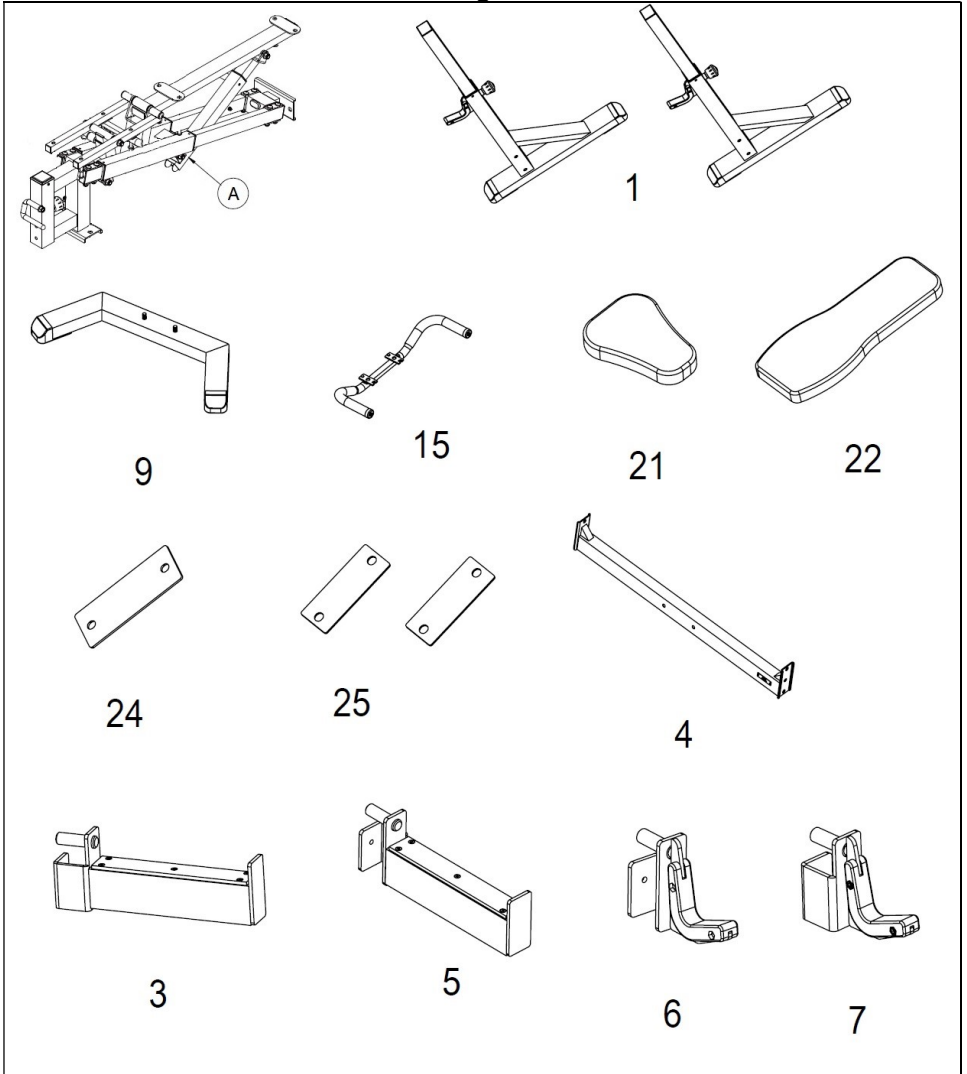
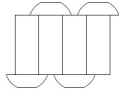


**Instrucciones de montaje y utilización**  
**Instructions for assembly and use**  
**Instructions de montage et utilisation**  
**Montage - und Gebrauchsanleitung**  
**Instruções de montagem e utilização**  
**Istruzioni di montaggio e uso**  
**Montage-en gebruiksinstructies**

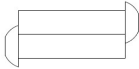
Fig.0



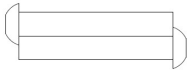
# HARDWARE PACK(1-1)



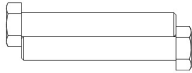
**(35) M10x25 Button Head Cap Screw**



**(36) M10x45 Button Head Cap Screw**



**(37) M10x65 Button Head Cap Screw**



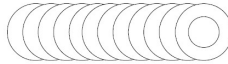
**(38) M12x75 Hex Bolt**



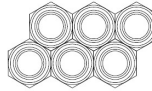
**(39) M12x85 Hex Bolt**



**(40) D11xD20x2 Flat Washer**



**(41) D13xD24x2 Flat Washer**



**(42) M12 Nylon Lock Nut**

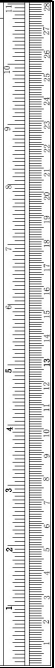


Fig.1

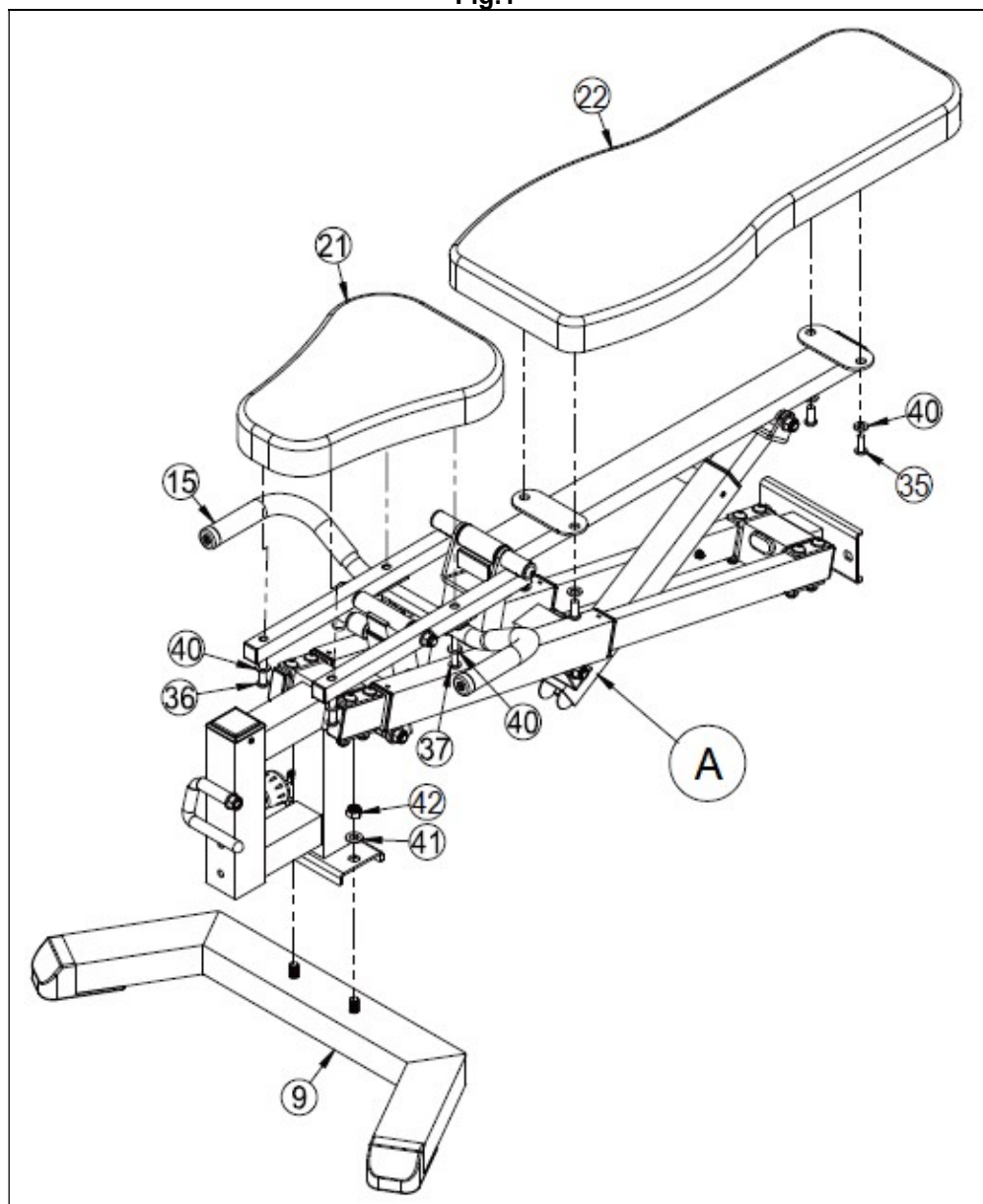
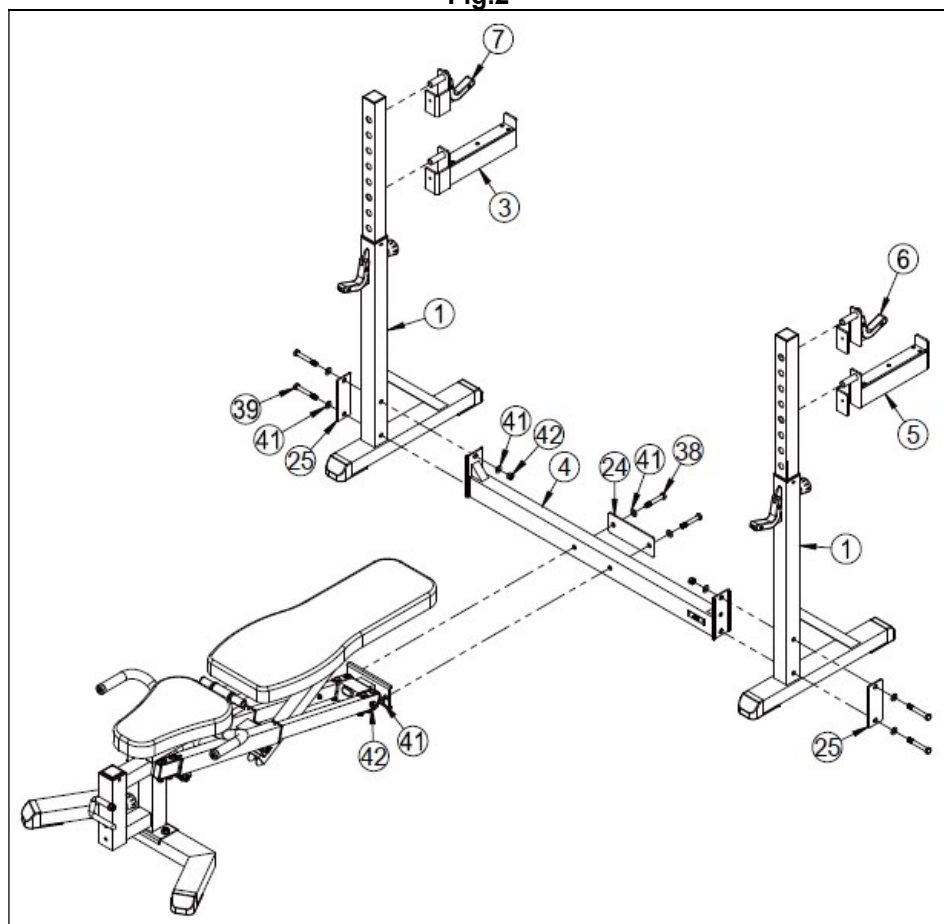


Fig.2



## **INSTRUCCIONES DE MONTAJE.-**

Saque la unidad de la caja y compruebe que tiene todas las piezas.

**Para el montaje de esta máquina, se recomienda la ayuda de una segunda persona.**

Retire los componentes de la caja y compruebe que tenga todas las piezas Fig.0:

- (A) Unidad principal.
- (1) Soporte lateral.
- (3) Soporte seguridad derecho.
- (4) Soporte inferior.
- (5) Soporte seguridad izquierdo.
- (6) Soporte izquierdo.
- (7) Soporte derecho.
- (9) Soporte delantero.
- (15) Manillar.
- (21) Asiento.
- (22) Respaldo.
- (24) Chapa unión.
- (25) Chapa unión.
- (35) Tornillo M10x25.
- (36) Tornillo M10x45.
- (37) Tornillo M10x65.
- (38) Tornillo M12x75.
- (39) Tornillo M12x85.
- (40) Arandela D11xD20x2.
- (41) Arandela D13xD24x2.
- (42) Tuerca M12.

## **MONTAJE.-**

**1.** Posicione el soporte delantero (9) y coloque las arandelas (41) y las tuercas (42), Fig.1.

**2.** Coloque el manillar (15) y el asiento (21) y atorníllelos con los tornillos (36), (37) junto con las arandelas (40), Fig.1.

**3.** Coloque el respaldo (22) y atorníllelo con los tornillos (35) y las arandelas (40), Fig.1.

**4.** Coloque el soporte inferior (4) y atorníllelo con los tornillos (38), las arandelas (41) y colocando la chapa de unión (24), Fig.2.

**5.** Coloque los soportes laterales izquierdo y derecho (1) y atorníllelo al soporte inferior (4) con los tornillos (39), las arandelas (41) y las tuercas (42) y colocando la chapa (25), Fig.2.

**6.** Coloque los soportes (3), (5), (6), (7), Fig.2.

Para cualquier consulta, no dude en ponerse en contacto con el (S.A.T).Servicio de Asistencia Técnica, llamando al teléfono de atención al cliente (ver página final del presente manual).

**BH SE RESERVA EL DERECHO A MODIFICAR LAS ESPECIFICACIONES DE SUS PRODUCTOS SIN PREVIO AVISO.**

## **ASSEMBLY INSTRUCTIONS.-**

Take the unit out of its box and make sure that all of the pieces are there:

**The assistance of a second person is recommended when assembling this unit.**

Take the components out of the box and make sure that you have all of the pieces, Fig.0:

(A) Main unit.

(1) Lateral support.

(3) Support right security.

(4) Bottom bracket.

(5) Support left security.

(6) Left support.

(7) Right support.

(9) Front bracket.

(15) Handlebar.

(21) Seat.

(22) Backrest.

(24) Union plate.

(25) Union plate.

(35) Screw M10x25.

(36) Screw M10x45.

(37) Screw M10x65.

(38) Screw M12x75.

(39) Screw M12x85.

(40) Washer D11xD20x2.

(41) Washer D13xD24x2.

(42) M12 nut.

## **ASSEMBLY.-**

1. Position the front bracket (9) and attach the washers (41) and nuts (42), Fig.1.

2. Place the handlebar (15) and seat (21) and screw them with the screws (36), (37) together with the washers (40), Fig.1.

3. Place the backrest (22) and screw it with the screws (35) and washers (40), Fig.1.

4. Place the bottom bracket (4) and screw it with the screws (38), washers (41) and placing the connecting plate (24), Fig.2.

5. Place the left and right side brackets (1) and screw it to the bottom bracket (4) with the screws (39), washers (41) and nuts (42) and placing the sheet (25), Fig.2.

6. Attach the supports (3), (5), (6), (7), Fig.2.

Do not hesitate to get touch with the Technical Assistance Service if you have any queries by phoning customer services (see last page in manual)

**BH RESERVES THE RIGHT TO MODIFY THE SPECIFICATIONS OF ITS PRODUCTS WITHOUT PRIOR NOTICE**

## **MONTAGE.-**

Déballer l'appareil et vérifier qu'il ne manque aucune pièce.

Pour monter cette machine, il est vivement recommandé de se faire aider par une autre personne.

Sortez les composants de la caisse et vérifiez qu'il ne manque aucune pièce Fig.1:

(A) Unité principale.

(1) Support latéral.

(3) Soutenir la sécurité du droit.

(4) Boîtier de pédalier.

(5) Soutenir la sécurité gauche.

(6) Soutien gauche.

(7) Soutien approprié.

(9) Support avant.

(15) Guidon.

(21) Siège.

(22) Dossier.

(24) Plaque Union.

(25) Plaque Union.

(35) Vis M10x25.

(36) Vis M10x45.

(37) Vis M10x65.

(38) Vis M12x75.

(39) Vis M12x85.

(40) Laveuse D11xP20x2.

(41) Laveuse D13xP24x2.

(42) Écrou M12.

## **MONTAGE.-**

1. Positionnez le support avant (9) et fixez les rondelles (41) et les écrous (42), Fig.1.

2. Placez le guidon (15) et le siège (21) et vissez-les avec les vis (36), (37) avec les rondelles (40), Fig.1.

3. Placez le dossier (22) et vissez-le avec les vis (35) et les rondelles (40), Fig.1.

4. Placez le boîtier de pédalier (4) et vissez-le avec les vis (38), les rondelles (41) et placez la plaque de connexion (24), Fig.2.

5. Placez les supports latéraux gauche et droit (1) et vissez-les sur le boîtier de pédalier (4) avec les vis (39), les rondelles (41) et les écrous (42) et placez la feuille (25), Fig.2.

6. Fixez les supports (3), (5), (6), (7), Fig.2.

Pour toute information complémentaire et en cas de doute sur le bon état de l'une quelconque partie de la machine, l'hésitez pas à appeler le Service d'Assistance Technique (SAT) au numéro de téléphone d'Assistance Clientèle qui figure à la dernière page de cette notice.

**BH SE RÉSERVE LE DROIT DE MODIFIER LES CARACTÉRISTIQUES DE SES PRODUITS SANS PRÉAVIS.**



## **MONTAGEANWEISUNG.-**

Nehmen Sie die Einheit aus dem Karton und vergewissern Sie sich, dass kein Teil fehlt.

Zur Montage dieser Maschine wird die Hilfe einer zweiten Person empfohlen.

Nehmen Sie die Elemente aus dem Karton und vergewissern Sie sich, dass kein Teil fehlt Fig.0:

(A) Hauptgerät.

(1) Seitliche Unterstützung.

(3) Unterstützen Sie die Rechtssicherheit.

(4) Tretlager.

(5) Unterstützen Sie die linke Sicherheit.

(6) Linke Unterstützung.

(7) Richtige Unterstützung.

(9) Vordere Halterung.

(15) Lenker.

(21) Sitzplatz.

(22) Rückenlehne.

(24) Überwurfschild.

(25) Überwurfschild.

(35) Schraube M10x25.

(36) Schraube M10x45.

(37) Schraube M10x65.

(38) Schraube M12x75.

(39) Schraube M12x85.

(40) Unterlegscheibe D11xT20x2.

(41) Unterlegscheibe D13xT24x2.

(42) M12 Mutter.

## **MONTAGE.-**

1. Positionieren Sie die vordere Halterung (9) und befestigen Sie die Unterlegscheiben (41) und Muttern (42), Abb.1.

2. Setzen Sie den Lenker (15) und den Sitz (21) auf und schrauben Sie sie mit den Schrauben (36), (37) zusammen mit den Unterlegscheiben (40), Fig. 1.

3. Setzen Sie die Rückenlehne (22) ein und schrauben Sie sie mit den Schrauben (35) und Unterlegscheiben (40) fest, Fig.1.

4. Setzen Sie das Tretlager (4) ein und schrauben Sie es mit den Schrauben (38), Unterlegscheiben (41) und der Verbindungsplatte (24) fest, Fig.2.

5. Setzen Sie die linke und rechte Seitenhalterung (1) auf und schrauben Sie sie mit den Schrauben (39), Unterlegscheiben (41) und Muttern (42) am Tretlager (4) fest und legen Sie das Blech (25) auf, Fig.2.

6. Befestigen Sie die Stützen (3), (5) (6), (7), Fig.2.

Sollten über den Zustand einer Komponente Zweifel bestehen, setzen Sie sich bitte mit dem (TKD) Technischen Kundendienst in Verbindung, indem Sie das Servicetelefon anrufen (siehe letzte Seite des Handbuchs).

**BH BEHÄLT SICH DAS RECHT VOR, DIE SPEZIFIKATIONEN DES PRODUKTS OHNE VORANKÜNDIGUNG ZU ÄNDERN.**

## **INSTRUÇÕES DE MONTAGEM.-**

Retire a unidade da caixa e comprove que tem todas as peças.

**Recomenda-se que tenha a ajuda de uma segunda pessoa para a realização desta montagem.**

Retire os componentes da caixa e verifique se tem todas as peças - Fig.0:

(A) Unidade principal.

(1) Apoio lateral.

(3) Apoie a segurança correta.

(4) Colchete inferior.

(5) Suporte deixou a segurança.

(6) Apoio esquerdo.

(7) Apoio adequado.

(9) Suporte frontal.

(15) Guiador.

(21) Sede.

(22) Encosto.

(24) Chapa da União.

(25) Chapa da União.

(35) Parafuso M10x25.

(36) Parafuso M10x45.

(37) Parafuso M10x65.

(38) Parafuso M12x75.

(39) Parafuso M12x85.

(40) Máquina de lavar D11xD20x2.

(41) Máquina de lavar D13xD24x2.

(42) Porca M12.

## **MONTAGEM. -**

**1.** Posicione o suporte frontal (9) e coloque as anilhas (41) e as porcas (42), Fig.1.

**2.** Coloque o guiador (15) e o assento (21) e aparafuse-os com os parafusos (36), (37) juntamente com as anilhas (40), Fig.1.

**3.** Coloque o encosto (22) e aparafuse-o com os parafusos (35) e anilhas (40), Fig.1.

**4.** Coloque o suporte inferior (4) e aparafuse-o com os parafusos (38), anilhas (41) e coloque a placa de ligação (24), Fig.2.

**5.** Coloque os suportes laterais esquerdo e direito (1) e aparafuse-os ao suporte inferior (4) com os parafusos (39), anilhas (41) e porcas (42) e coloque a folha (25), Fig.2.

**6.** Coloque os suportes (3), (5), (6), (7), Fig.2.

Para qualquer consulta, não hesite em contactar com o S.A.T - Serviço de Assistência Técnica - , telefonando para o serviço de apoio ao cliente (ver página final do presente manual).

**A BH RESERVA-SE O DIREITO DE MODIFICAR AS ESPECIFICAÇÕES DOS SEUS PRODUTOS SEM PRÉVIO AVISO.**

## **ISTRUZIONI PER IL MONTAGGIO.-**

Togliere l'unità dalla scatola e verificare che vi siano tutti i pezzi.

Per il montaggio di questa macchina, si raccomanda l'ausilio di una seconda persona.

Ritirare i pezzi dalla scatola e verificare che ci siano tutti i pezzi Fig.0:

(A) Unità principale.

(1) Supporto laterale.

(3) Sostenere la giusta sicurezza.

(4) Movimento centrale.

(5) Supporto sicurezza sinistra.

(6) Supporto sinistro.

(7) Supporto giusto.

(9) Staffa anteriore.

(15) Manubrio.

(21) Sede.

(22) Schienale.

(24) Targa dell'Unione.

(25) Targa dell'Unione.

(35) Vite M10x25.

(36) Vite M10x45.

(37) Vite M10x65.

(38) Vite M12x75.

(39) Vite M12x85.

(40) Rondella D11xD20x2.

(41) Rondella D13xD24x2.

(42) Dado M12.

## **MONTAGGIO.-**

1. Posizionare la staffa anteriore (9) e fissare le rondelle (41) e i dadi (42),

Fig.1.

2. Posizionare il manubrio (15) e il sedile (21) e avvitarli con le viti (36), (37) insieme alle rondelle (40), Fig.1.

3. Posizionare lo schienale (22) e avvitarlo con le viti (35) e le rondelle (40), Fig.1.

4. Posizionare il movimento centrale (4) e avvitarlo con le viti (38), le rondelle (41) e posizionare la piastra di collegamento (24), Fig.2.

5. Posizionare le staffe laterali sinistra e destra (1) e avvitarle al movimento centrale (4) con le viti (39), le rondelle (41) e i dadi (42) e posizionare il foglio (25), Fig.2.

6. Fissare i supporti (3), (5), (6), (7), Fig.2.

Per qualsiasi domanda, non esitate a mettervi in contatto con il Servizio di Assistenza Tecnica, chiamando al telefono di attenzione al cliente (consultare l'ultima pagina del presente manuale).

**BH SI RISERVA IL DIRITTO DI MODIFICARE LE SPECIFICAZIONE DEI PROPRI PRODOTTI SENZA PREVIO AVVISO.**

## **MONTAGE INSTRUCTIES.-**

Haal het toestel uit de doos en controleer of alle onderdelen er zijn:

**De hulp van een tweede persoon wordt aanbevolen bij het monteren van dit toestel.**

Haal de componenten uit de doos en controleer of u alle onderdelen hebt, Fig.0:

(A) Hoofdeenheid.

(1) Zijdelingse ondersteuning.

(3) Ondersteun de juiste beveiliging.

(4) Trapas.

(5) Ondersteuning links beveiliging.

(6) Linkse steun.

(7) Juiste ondersteuning.

(9) Voorste beugel.

(15) Stuur.

(21) Zitplaats.

(22) Rugleuning.

(24) Unieplaat.

(25) Unieplaat.

(35) Schroef M10x25.

(36) Schroef M10x45.

(37) Schroef M10x65.

(38) Schroef M12x75.

(39) Schroef M12x85.

(40) Wasmachine D11xD20x2.

(41) Wasmachine D13xD24x2.

(42) M12-moer.

## **MONTAGE.-**

1. Plaats de voorste beugel (9) en bevestig de ringen (41) en moeren (42),

fig.1.

2. Plaats het stuur (15) en de zitting (21) en schroef ze vast met de schroeven (36), (37) samen met de ringen (40), fig.1.

3. Plaats de rugleuning (22) en schroef deze vast met de schroeven (35) en ringen (40), fig.1.

4. Plaats de trapas (4) en schroef deze vast met de schroeven (38), ringen (41) en het plaatsen van de verbindingsplaat (24), fig.2.

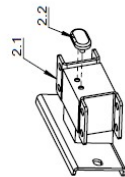
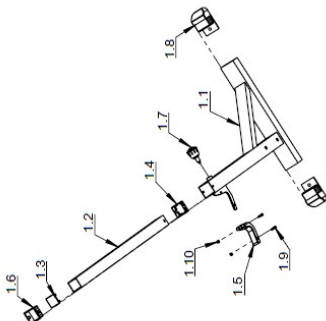
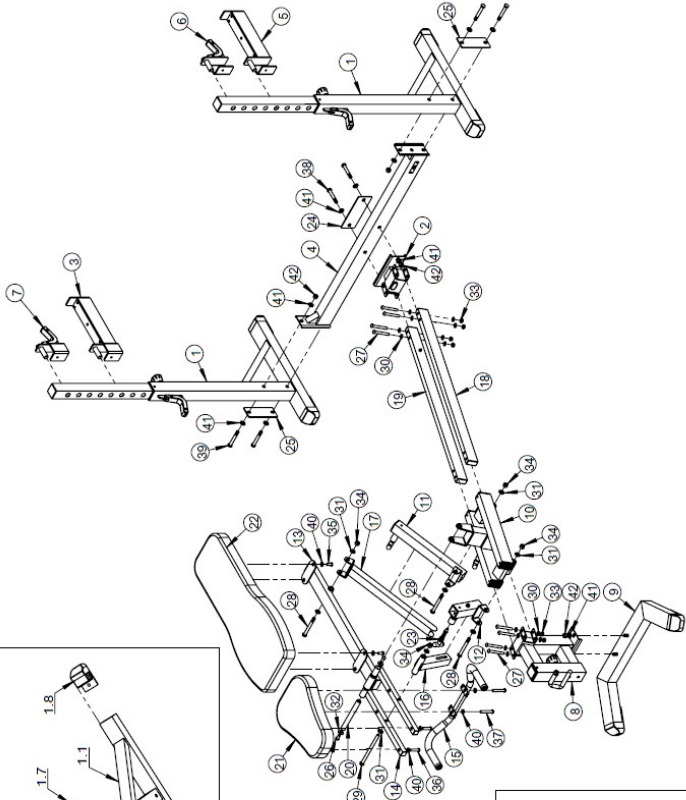
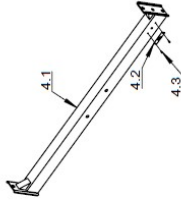
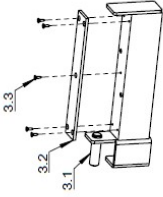
5. Plaats de linker- en rechterbeugels (1) en schroef ze met de schroeven (39), ringen (41) en moeren (42) op de trapas (4) en plaats het vel (25), fig.2.

6. Bevestig de steunen (3), (5), (6), (7), fig.2.

Als u twijfels hebt over enig onderdeel van dit toestel, aarzel dan niet contact op te nemen met de technische bijstandsdienst door dienstverlening te bellen (zie laatste pagina van de handleiding).

**BH BEHOUDT ZICHZELF HET RECHT VOOR DE SPECIFICATIES VAN HAAR PRODUCTEN TE WIJZIGEN ZONDER VOORAFGAANDE WAARSCHUWING**

# G510



<p>Exploded view diagram of a mechanical assembly. Part 9.1 is the main frame, 9.2 is a curved bracket, 9.3 is a small connector, and 9.4 is a small rectangular component.</p>	<p>Exploded view diagram of a mechanical assembly. Part 14.1 is a long, angled beam, and 14.2 is a small rectangular component.</p>	
<p>Exploded view diagram of a mechanical assembly. Parts include 8.1 (main body), 8.2 (top cap), 8.3 (right side plate), 8.4 (left side plate), 8.5 (top cap), 8.6 (top cap), 8.7 (top cap), 8.8 (right side plate), and 8.9 (top cap).</p>	<p>Exploded view diagram of a mechanical assembly. Parts include 13.1 (main body), 13.2 (right side plate), 13.3 (top cap), and 13.4 (left side plate).</p>	<p>Exploded view diagram of a mechanical assembly. Parts include 19.1 (main body), 19.2 (top cap), 19.3 (right side plate), 19.4 (left side plate), 19.5 (top cap), and 19.6 (top cap).</p>
<p>Exploded view diagram of a mechanical assembly. Parts include 7.1 (main body), 7.2 (right side plate), 7.3 (left side plate), and 7.4 (top cap).</p>	<p>Exploded view diagram of a mechanical assembly. Parts include 12.1 (main body), 12.2 (right side plate), 12.3 (top cap), and 12.4 (left side plate).</p>	<p>Exploded view diagram of a mechanical assembly. Part 18.1 is the main body, and 18.2 is a small rectangular component.</p>
<p>Exploded view diagram of a mechanical assembly. Parts include 6.1 (main body), 6.2 (right side plate), 6.3 (top cap), and 6.4 (left side plate).</p>	<p>Exploded view diagram of a mechanical assembly. Parts include 11.1 (main body), 11.2 (top cap), and 11.3 (left side plate).</p>	<p>Exploded view diagram of a mechanical assembly. Part 16.1 is the main body, and 16.2 is a small rectangular component.</p>
<p>Exploded view diagram of a mechanical assembly. Parts include 5.1 (main body), 5.2 (right side plate), and 5.3 (left side plate).</p>	<p>Exploded view diagram of a mechanical assembly. Parts include 10.1 (main body), 10.2 (top cap), 10.3 (right side plate), 10.4 (left side plate), and 10.5 (top cap).</p>	<p>Exploded view diagram of a mechanical assembly. Parts include 15.1 (main body), 15.2 (right side plate), 15.3 (left side plate), and 15.4 (top cap).</p>

**Para pedido de repuesto:** Indicar el código de la pieza y la cantidad

**To order replacement parts:** State the part code and Quantity

**Pour toute commande pièces détachées:** Indiquer le code de la pièce et la quantité

**Bestellung von Ersatzteilen:** Bitte angeben Teil-code und Menge

**Para encomenda de peça de recambio:** Indicar o código da peça ea quantidade

**Per ordinare pezzi di ricambio:** Indicare il codice del pezzo e la quantità

**Bestellen van vervangingsonderdelen:** Geef het deel code en de hoeveelheid

**Ejemplo / E.g. / Exemple / Beispiel / Exemplo /Esempio / Bijvoorbeeld:**

**G510001**

**1**

**BH FITNESS SPAIN**

EXERCYCLE, S.L.  
(Manufacturer)  
P.O.BOX 195  
01080 VITORIA (SPAIN)  
Tel.: +34 945 29 02 58  
Fax: +34 945 29 00 49  
e-mail: sac@bhfitness.com  
www.bhfitness.com

**POST-VENTA**

Tel: +34 945 292 012  
e-mail:  
asistencia@bhfitness.com

**BH FITNESS PORTUGAL**

Rua do Caminho Branco Lote 8,  
ZI Oia 3770-068 Oia  
Oliveira do Bairro (PORTUGAL)  
Tel.: +351 234 729 510  
e-mail: info@bhfitness.pt

**BH SERVICE PORTUGAL**

Tel.: +351 234 729 510  
e-mail: info@bhfitness.pt

**BH GERMANY GmbH**

Grasstrasse 13  
45356 ESSEN  
GERMANY

Tel: +49 2015 997018  
e-mail: kundendienst@  
bhgermany.com

**BH FITNESS UK**

Tel: 02037347554  
e-mail: sales.uk@bhfitness.com

**AFTER SALES – UK**

Tel.: 02074425525  
e-mail:  
service.uk@bhfitness.com

**BH FITNESS FRANCE**

SAV FRANCE  
Tel.: +33 559 423 419  
savfrance@bhfitness.com

**BH FITNESS ASIA**

BH Asia Ltd.  
No.80, Jhongshan Rd.,  
Daya Dist.,  
Taichung City 42841,  
Taiwan. R.O.C.  
Tel.: +886 4 25609200  
Fax: +886 4 25609280  
E-mail:  
info@bhasia.com.tw

**BH FITNESS MEXICO**

BH Exercycle de México  
S.A. de CV  
Eje 132 / 136  
Zona Industrial, 2A Secc.  
78395 San Luis Potosí  
S:L:P: MÉXICO  
Tel.: +52 (444) 824 00 29  
Fax: +52 (444) 824 00 31  
www.bhlatam.com.mx

ESESSTNI

BH SE RESERVA EL DERECHO A MODIFICAR LAS ESPECIFICACIONES DE SUS PRODUCTOS SIN PREVIO AVISO.

SPECIFICATIONS MAY BE CHANGED WITHOUT PRIOR NOTICE DUE TO OUR PROGRAMME OF CONTINUOUS PRODUCT DEVELOPMENT.

BH SE RÉSERVE LE DROIT DE MODIFIER LES SPECIFICATIONS DE SES PRODUITS SANS PRÉAVIS.

BH BEHALT SICH DAS RECHT VOR, ÄNDERUNGEN DER MODELL-ANGABEN OHRE VORHERIGE ANKÜNDIGUNG VORZUNEHMEN.

DATI TECNICI E COMMERCIALI RELATIVI AGLI ARTICOLI DEL PRESENTE CATALOGO POSSONO ESSERE SOGGETTI A VARIAZIONI SENZA ALCUN PREAVVISO.

BH RESERVA O DIREITO DE PODER MODIFICAR AS ESPECIFICAÇÕES DOS SEUS EQUIPAMENTOS SEM AVISO PRÉVIO.

DOOR KONSTANTE PRODUKTVERNIEUWING EN VERBETERING HOUDEN WIJ ONS HET RECHT VAN WIJZIGING VOOR ZONDER VOORAFGAAND BERICHT.