

# POWER TOWER

Power Tower G340

**BH**

R.R.P.



Strength

The Power Tower G340 allows you to exercise different muscle groups using your own body weight. You can perform pull-ups with various grips, triceps dips, push-ups, and abdominal exercises for a complete and functional workout.



- Max. user weight: 135kg
- Weight: 40kg
- Dimensions: 106 x 96 x 212cm
- Máx. load: 135kg



## BACK WORKOUT

Thanks to the non-slip handles, it allows for ergonomic and easy execution of pull-ups.



## HANDLES

It allows for performing push-ups using the supports at the bottom of the tower, where resistance bands can also be placed for a more challenging workout.



## ABS

Thanks to its comfortable backrest and arm supports, you can exercise your abdominal area in a functional way.



## TRICEPS

You will be able to perform triceps dips for a complete arm workout.