

## X885 Balanced abdominal

- **4 mm thick ST-37 / 40 steel frame.** For guaranteed durability
- **Three layer coating.** The design of this professional, up-to-date, stylish system is enhanced still further by its -layer coating comprising an initial anti-corrosion primer, for guaranteed durability, followed by an epoxy powder layer
- **Injected core seat.** Unlike the classic foam padded particle boards, the injected core offers the advantage of uniformity, anti-distortion and greater anti-bacterial protection.
- Unlike traditional crunches, which work your abs from the “top down,” the X885 works your abs from the “bottom up,” while limiting stress to your neck , back and shoulders.
- Very silent non-railed machine for AB workout. Ergonomic seats with injection nucleus. Reduced dimensions that maximizes ROI per square meter in your gym
- Hanging Leg Raise is also a “bottom up” exercise highly effective for developing great abs. But it is a very difficult exercise to perform. The exercise requires not only tremendous upper body strength to hang from a bar.
- **Use of laser cutting technology.** For optimum tube cutting precision
- The multi-angle seat adjusts to target your obliques.
- **Stainless steel components.** Designed to offer long-lasting durability.
- **Works your entire core,** including the hard-to-reach lower abs and obliques.



### Specifications:

**Length:** 97 cm / 38"  
**Width:** 85 cm / 33"  
**Height:** 128 cm / 50"  
**Weight:** 60 Kg / 132lbs

