

# HELIOS SERIES

HELIOS H9178FD

**BH**

R.R.P.

EAN: 8431284798574



Indoor cycling

The most similar feeling to a road bike without leaving home. Its measures are similar to those of a road bike, improving the experience and the realism during your workouts.

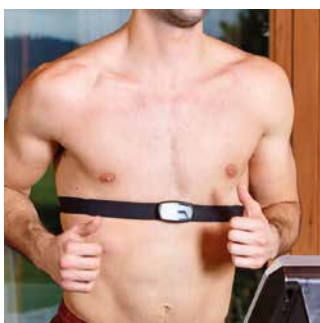


Monitor

#### Measurements:

Time, Speed / RPM, Distance, ODO, Calories, Pulse, Watts

- Max. user weight: 105Kg
- Weight: 63Kg
- Dimensions: 128cm x 57cm x 131cm
- Flywheel: 22Kg



#### HEART RATE RECEPTION

Keep an accurate track of your heart rate during your indoor sessions.



#### POLY-V BELT

Assures a smooth and quiet performance, requiring a very low maintenance.



#### 22KG FLYWHEEL

Inertia flywheel of 22kg, for the most challenging trainings.



#### MULTIADJUSTMENTS

Multiposition adjustments in saddle and handlebar to train in the perfect position.



Specs	Helios H9178FD
Use frequency	Intensive
Maximum user weight	105Kg
Flywheel	22Kg
Braking system	Friction
Transmission	Poly-V belt
Flywheel cover	No
Handlebar	Triathlon
Handlebar adjustment	Horizontal and Vertical
Saddle adjustment	Horizontal and Vertical
Pedals	Trekking
Length	128cm
Width	57cm
Height	131cm
Weight	63Kg
Programs	
Preset programs (Prg)	No
Intensity levels	No
Random program (RP)	No
Customizable profiles (uprg)	No
Fitness test (FT)	No
Heart rate control program (HRC)	No
Recovery Program (RT)	No
Body Fat test (BF)	No
Monitor	
Monochrome LCD screen	Yes
Blue backlit LCD monitor	No
Monitor with HIIT by BH training scheme	No
Universal holder for Smartphones and/or tablets	No
Telemetric heartrate	Yes, optional chest belt
Bluetooth heartrate	No
iConcept	No

 Notes